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Long-term Outcomes of Primary Surgical Repair for Communicating DeBakey IIIb Chronic Dissecting Aortic Aneurysm

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Objectives

- **Comprehensive surgical strategies are required for communicating DeBakey IIIb chronic dissecting aortic aneurysm (CD3bDA) in which dissection extends below the visceral arteries.**
- **Although the treatment of CD3bDA includes several primary surgical repairs to reduce the invasiveness, the optimal option remains controversial.**
- **The aim of this study was to evaluate the 20-year long-term surgical outcomes for CD3bDA and consider the optimal primary treatment option to prevent the incidence of aortic events.**

Surgical Strategy for CD3bDA

Communicating DeBakey IIIb Chronic dissecting aortic aneurysm (CD3bDA)

Thoracic component of the aneurysm

- >55 mm
- >50 mm in patients with Marfan syndrome
- Rapid growth rate of >5 mm in 6 months

One-stage repair

Celiac level >40mm

Marfan syndrome

TAAA repair

Staged-distal repair

Celiac level <40mm

DTA repair

High-risk for open repair

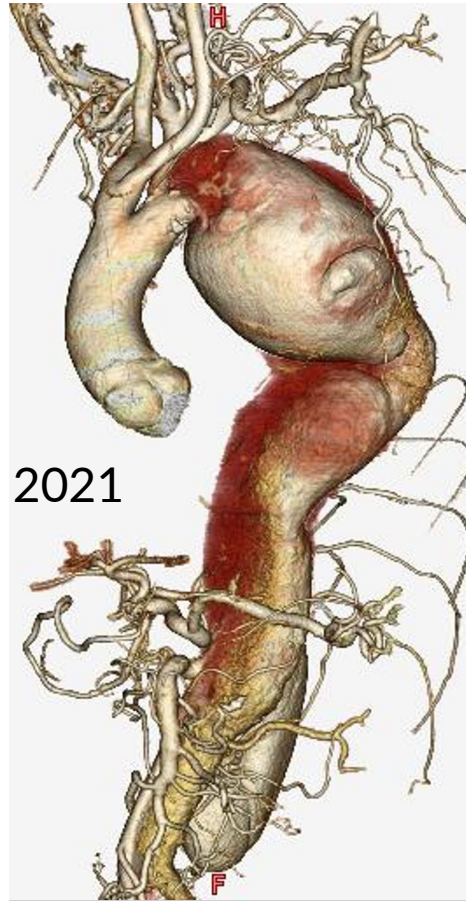
TEVAR

FL extending near or proximally to the LSCA

TAR with ET

Patient and methods

October 2002 – June 2021

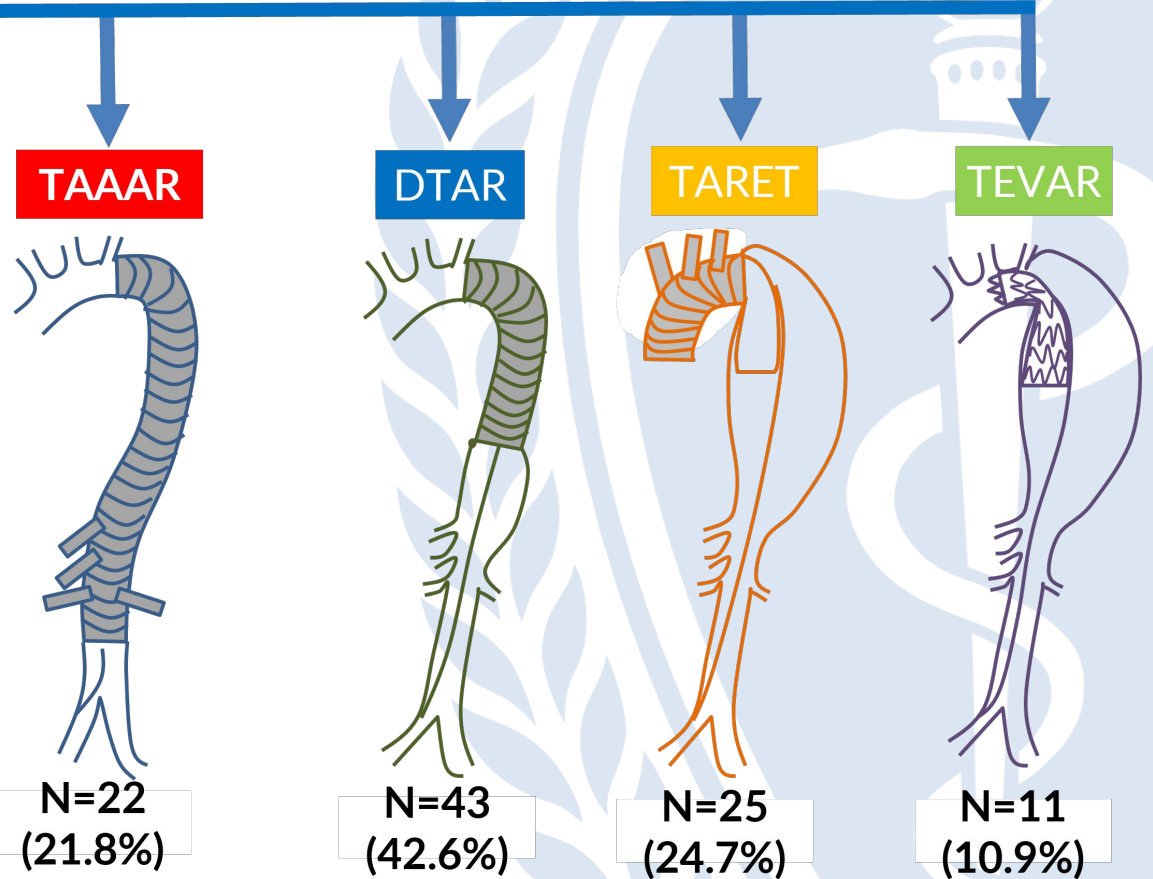


Total : 101

Exclusion Criteria:

- Emergency surgery (Rupture, Malperfusion)
- Previous aortic repair of type A aortic dissection or AAA

Treatment options of primary surgical repair for CD3bDA



Early outcomes (Stroke, Spinal cord injury, In-hospital mortality)
 Late outcomes (Overall survival, Aortic event)

Patient characteristics by primary surgical repair

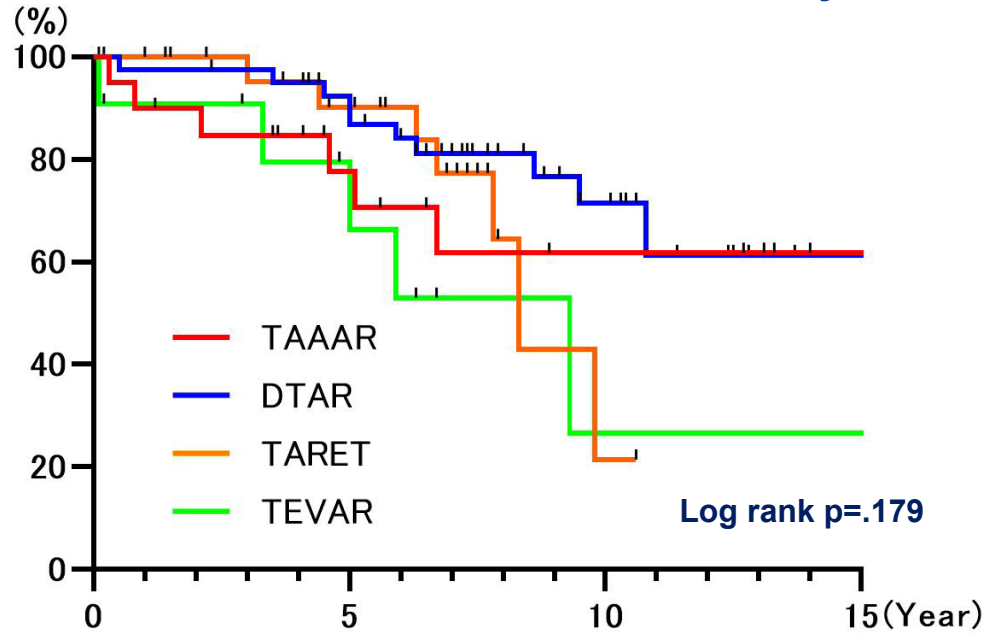
| Variable | Total (n=101) | TAAAR (n=22) | DTAR (n=43) | TARET (n=25) | TEVAR (n=11) | P value |
|--------------------------------------|------------------|-----------------|----------------|-----------------|-----------------|---------|
| Interval from onset (month) | 64.3±10.6 | 54.7±25.4 | 77.9±18.2 | 48.8±26.1 | 60.2±34.0 | 0.785 |
| Aneurysm diameter (mm) | 58.5±10.6 | 60.2±11.5 | 58.6±10.8 | 59.3±8.4 | 56.6±11.7 | 0.255 |
| Age (year) | 59.4±13.7 | 55.1±15.5 | 58.1±12.9 | 62.8±13.4 | 65.6±10.9 | 0.092 |
| Gender (male) | 84 (83.2) | 19 (86.4) | 34 (79.1) | 22 (88.0) | 9 (81.8) | 0.775 |
| Marfan syndrome | 19 (18.8) | 8 (36.4) | 8 (18.6) | 3 (12.0) | 0 (0) | 0.027 |
| Hypertension | 79 (78.2) | 17 (77.3) | 35 (81.4) | 16 (64.0) | 11 (100.0) | 0.098 |
| Diabetes mellitus | 8 (7.9) | 3 (13.6) | 5 (11.6) | 0 (0) | 0 (0) | 0.180 |
| CKD (creatinine>1.5 mg/dl) | 9 (8.9) | 2 (9.1) | 3 (7.0) | 2 (8.0) | 2 (18.2) | 0.708 |
| LVEF (%) | 62.3±3.7 | 63.0±2.1 | 60.8±2.9 | 61.3±3.1 | 59.9±2.6 | 0.331 |
| COPD | 39 (38.6) | 7 (31.8) | 15 (34.9) | 13 (52.0) | 4 (36.4) | 0.459 |
| SVS/STS Classification (zone) | | | | | | |
| Proximal dissection extent | 3.0±0.9 | 3.6±0.9 | 3.1±0.7 | 2.4±1.0 | 3.0±0.2 | <0.0001 |
| Distal dissection extent | 9.4±1.4 | 8.9±1.5 | 9.6±1.3 | 9.4±1.3 | 9.5±1.2 | 0.267 |

Overall outcomes by primary surgical repair

| Variable | Total (n=101) | TAAAR (n=22) | DTAR (n=43) | TARET (n=25) | TEVAR (n=11) | P value |
|-------------------------------|------------------|-----------------|----------------|-----------------|-----------------|---------|
| Perioperative data | | | | | | |
| Operation time (min) | 527.2±222.3 | 770.3±165.3 | 541.7±159.8 | 449.3±222.3 | 161.5±107.0 | <0.0001 |
| CPB time (min) | 206.7±66.6 | 273.1±59.1 | 169.9±55.9 | 211.3±37.9 | NA | <0.0001 |
| Deep hypothermia | 21 (23.3) | 6 (27.3) | 13 (30.2) | 2 (8.0) | NA | 0.100 |
| Preoperative CSF drainage | 37 (36.6) | 13 (59.1) | 22 (51.2) | 0 (0) | 1 (9.1) | <0.0001 |
| AKA reconstruction | 31 (34.4) | 15 (68.2) | 15 (34.9) | 0 (0) | NA | <0.0001 |
| Red blood cells (unit) | 18.9±15.0 | 33.7±13.5 | 19.1±14.0 | 12.3±5.9 | 2.5±1.3 | <0.0001 |
| Fresh frozen plasma (unit) | 14.6±10.6 | 25.2±12.4 | 14.8±6.2 | 10.4±6.6 | 1.1±0.3 | <0.0001 |
| Platelet (unit) | 18.2±10.2 | 23.9±11.6 | 19.9±7.1 | 17.9±6.9 | 1.4±0.4 | <0.0001 |
| Prolonged ventilation (>24hr) | 32 (31.7) | 12 (54.6) | 14 (32.6) | 5 (20.0) | 1 (9.1) | 0.023 |
| Postoperative data | | | | | | |
| Stroke (permanent) | 4 (3.9) | 2 (9.1) | 0 (0) | 1 (4.0) | 1 (9.1) | 0.255 |
| Spinal cord injury | 8 (7.9) | 3 (13.6) | 2 (4.7) | 2 (8.0) | 0 (0) | 0.433 |
| In-hospital mortality | 4 (3.9) | 2 (9.1) | 1 (2.3) | 0 (0) | 1 (9.1) | 0.306 |
| Aorta-related reintervention | 15 (14.9) | 1 (4.5) | 6 (13.9) | 3 (12.0) | 5 (45.5) | 0.017 |

Comparisons of late outcomes by primary surgical repair

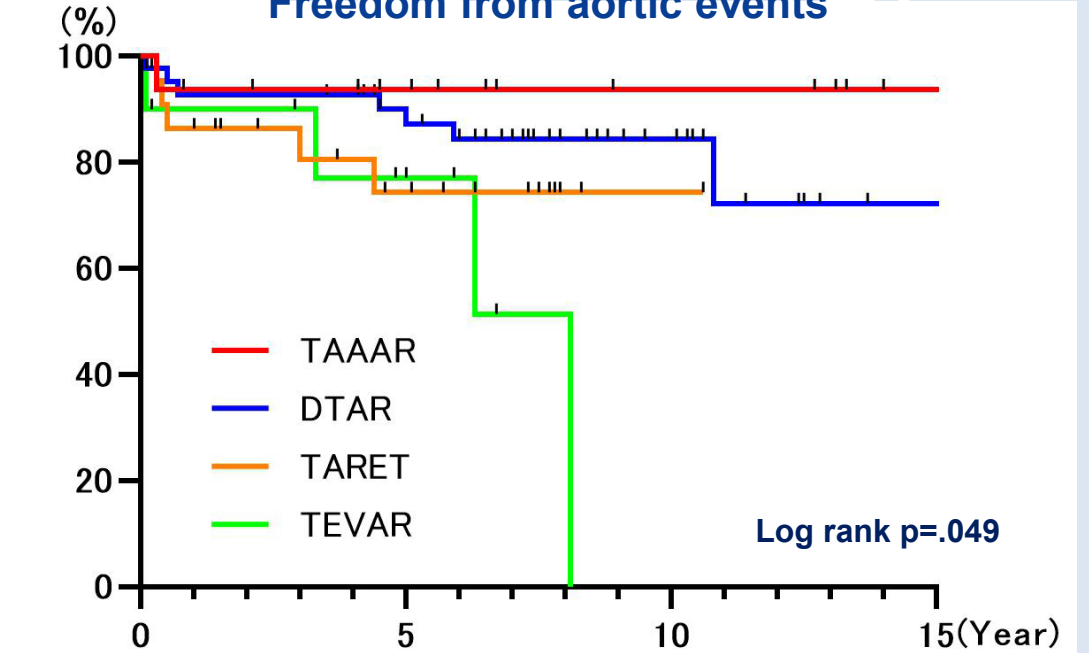
Freedom from all-cause mortality



| Number at risk | | | | |
|----------------|----|----|----|-----------|
| | 0 | 5 | 10 | 15 (Year) |
| TAAAR | 22 | 12 | 7 | 3 |
| DTAR | 43 | 34 | 15 | 2 |
| TAET | 25 | 18 | 2 | 1 |
| TEVAR | 11 | 6 | 2 | 2 |

| | 5 year | 10 year | 15 year |
|-------|--------|---------|---------|
| TAAAR | 77.6% | 61.8% | 61.8% |
| DTAR | 86.9% | 71.6% | 61.4% |
| TARET | 90.2% | 21.5% | NA |
| TEVAR | 66.3% | 26.5% | 26.5% |

Freedom from aortic events

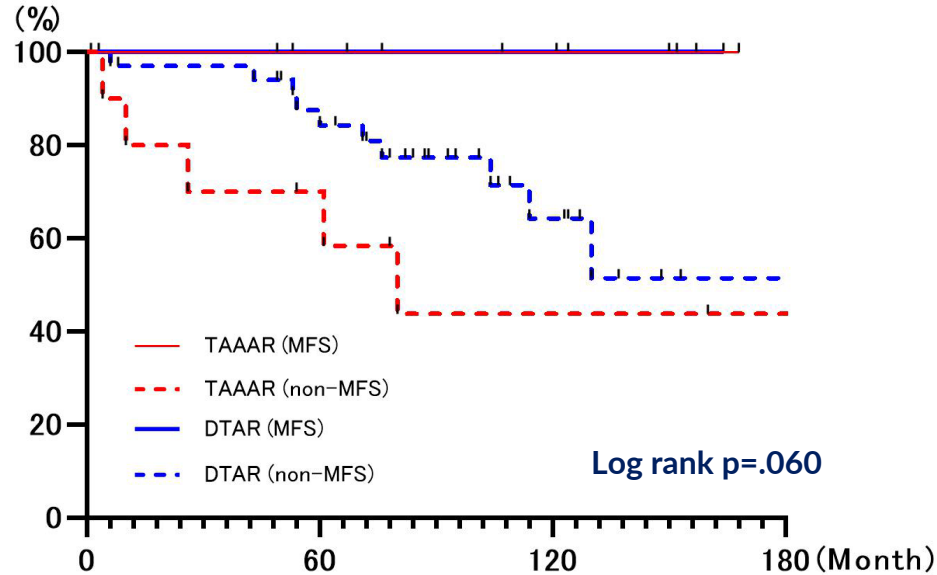


| Number at risk | | | | |
|----------------|----|----|----|-----------|
| | 0 | 5 | 10 | 15 (Year) |
| TAAAR | 22 | 12 | 7 | 3 |
| DTAR | 43 | 32 | 14 | 2 |
| TAET | 25 | 12 | 2 | 1 |
| TEVAR | 11 | 5 | 1 | 1 |

| | 5 year | 7 year | 10 year |
|-------|--------|--------|---------|
| TAAAR | 93.8% | 93.8% | 93.8% |
| DTAR | 87.2% | 84.3% | 84.3% |
| TARET | 74.4% | 74.4% | 74.4% |
| TEVAR | 77.1% | 51.4% | NA |

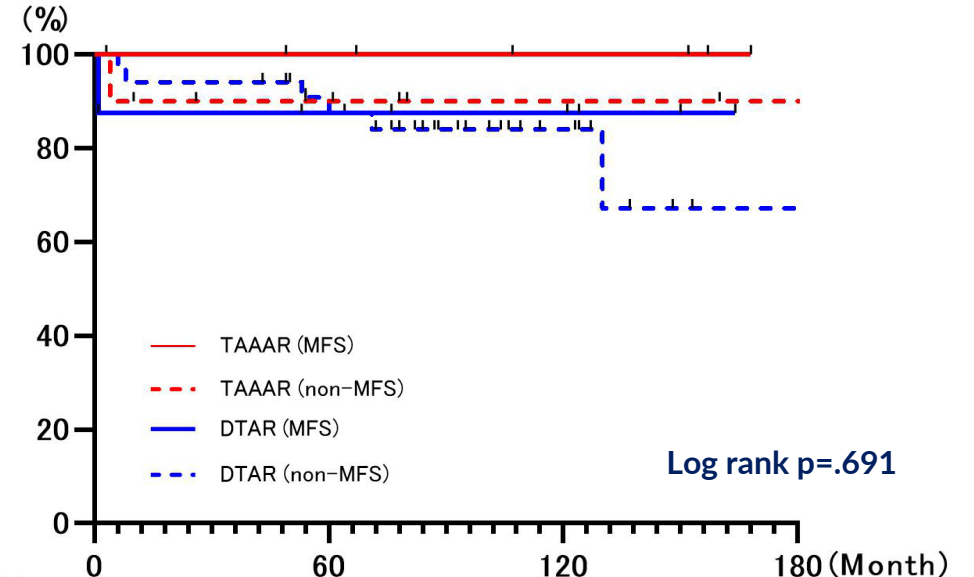
Comparison of late outcomes with or without MFS

Freedom from all-cause mortality



| Number at risk | 0 | 60 | 120 | 180 (Month) |
|-----------------|----|----|-----|-------------|
| TAAAR (MFS) | 8 | 6 | 4 | 1 |
| TAAAR (non-MFS) | 14 | 7 | 4 | 3 |
| DTAR (MFS) | 8 | 6 | 4 | 1 |
| DTAR (non-MFS) | 35 | 27 | 10 | 2 |

Freedom from aortic events

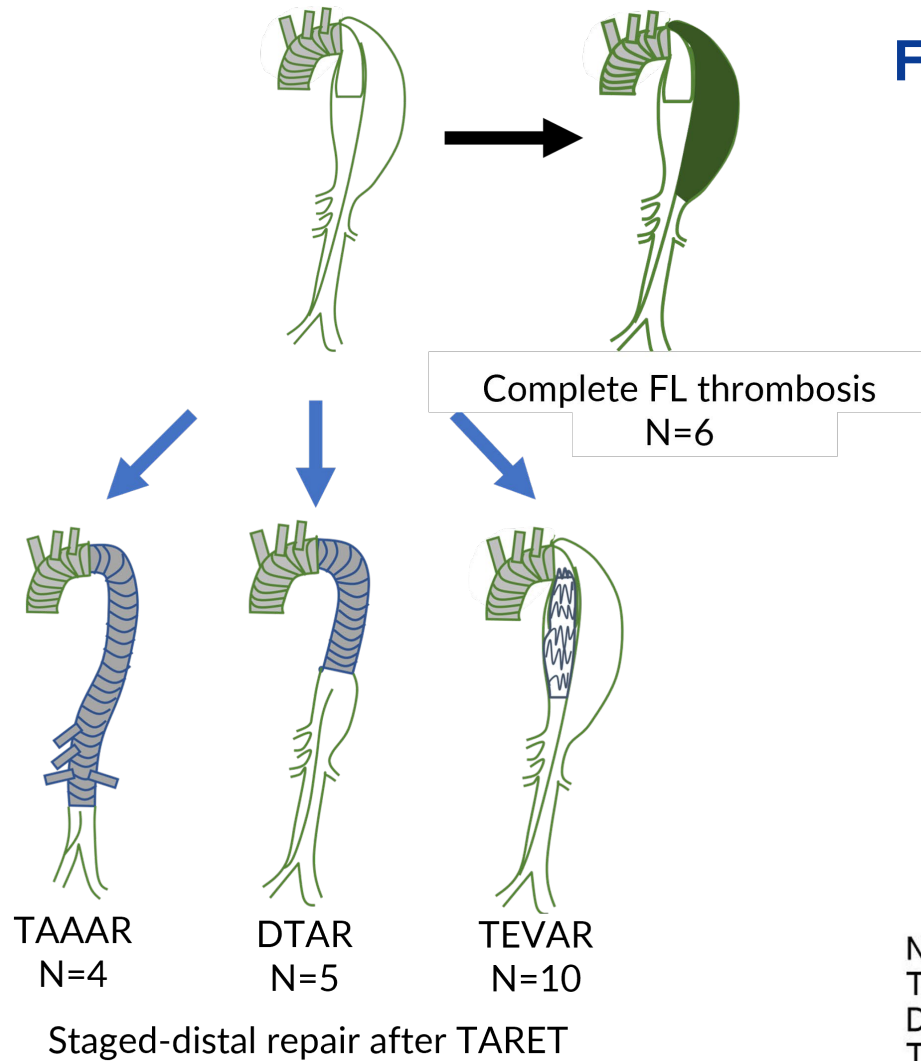


| Number at risk | 0 | 60 | 120 | 180 (Month) |
|-----------------|----|----|-----|-------------|
| TAAAR (MFS) | 8 | 6 | 4 | 1 |
| TAAAR (non-MFS) | 14 | 7 | 4 | 3 |
| DTAR (MFS) | 8 | 6 | 4 | 1 |
| DTAR (non-MFS) | 35 | 27 | 10 | 2 |

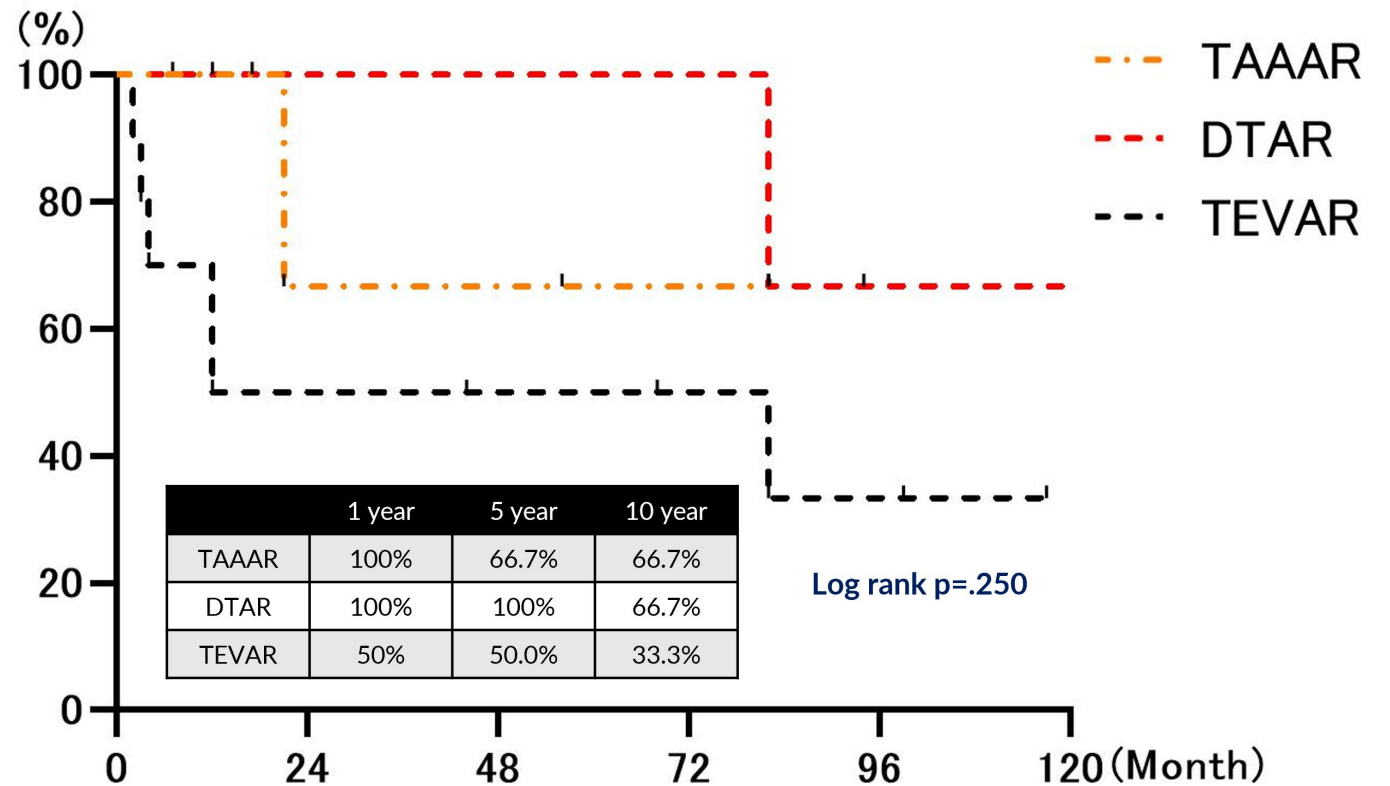
| | 5-year | 10-year | 15-year |
|-----------------|--------|---------|---------|
| TAAAR (MFS) | 100% | 100% | 100% |
| TAAAR (non-MFS) | 70.0% | 43.8% | 43.8% |
| DTAR (MFS) | 100% | 100% | 100% |
| DTAR (non-MFS) | 84.3% | 64.3% | 51.4% |

| | 5-year | 10-year | 15-year |
|-----------------|--------|---------|---------|
| TAAAR (MFS) | 100% | 100% | 100% |
| TAAAR (non-MFS) | 90.0% | 90.0% | 90.0% |
| DTAR (MFS) | 87.5% | 87.5% | 87.5% |
| DTAR (non-MFS) | 87.5% | 84.0% | 67.2% |

Staged-distal repair for dissecting aorta after TARET



Freedom from aorta-related reintervention after TARET



| | 0 | 24 | 48 | 72 | 96 | 120 |
|-------|----|----|----|----|----|-----|
| TAAAR | 4 | 3 | 3 | 2 | 1 | 1 |
| DTAR | 5 | 4 | 4 | 4 | 2 | 2 |
| TEVAR | 10 | 7 | 5 | 4 | 3 | 1 |

Multivariate Cox regression analyses for aortic event

| Variable | Univariate | | | Multivariate | | |
|----------------------------|------------|-----------|---------|--------------|-----------|---------|
| | HR | 95% CI | P value | HR | 95% CI | P value |
| Marfan syndrome | 0.72 | 0.40-1.31 | 0.28 | | | |
| Proximal dissection extent | 0.87 | 0.65-1.18 | 0.37 | | | |
| Deep hypothermia | 0.80 | 0.45-1.41 | 0.44 | | | |
| AKA reconstruction | 0.59 | 0.35-0.98 | 0.04 | 0.75 | 0.40-1.39 | 0.36 |
| TAAAR | 0.62 | 0.34-1.14 | 0.12 | 0.46 | 0.18-1.15 | 0.10 |
| DTAR | 0.73 | 0.46-1.16 | 0.19 | 0.52 | 0.28-0.99 | 0.05 |
| TARET | 1.93 | 1.09-3.40 | 0.02 | 2.27 | 1.26-4.09 | 0.007 |
| TEVAR | 2.68 | 1.24-3.44 | 0.01 | 3.40 | 1.53-4.66 | 0.003 |

Variables with P<0.2 in the univariate analysis were incorporated into the multivariate analysis.

Summary

- **Although one-stage TAAA repair was associated with high perioperative morbidity and mortality, late outcomes were accomplished with excellent long-term survival and aortic event-free rates, as well as DTA repair.**
- **In both TAAA and DTA repairs, Marfan syndrome (MFS) patients had higher survival and aortic event-free rates compared with non-MFS patients.**
- **TARET and TEVAR did not improve the early and late adverse events.**
- **In particular, intervention with TEVAR may lead to an increase in aortic events during follow-up.**

Conclusion

- **Considering the optimal primary surgical repair based on long-term outcomes, TEVAR was not a durable treatment option to prevent aortic events.**
- **Patient-specific TAAA or DTA repair, such as in MFS patients, may be aggressively adopted rather than defaulting to minimally invasive primary repairs for all patients with CD3bDA.**