# Aortic root replacement with stentless xenografts, a single center longitudinal study over 17 years

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### Disclosure

No conflicts of interest to disclose

## Objective

- Use of stentless aortic bioprosthesis has become increasingly common in academic setting
- Carilion Medical Center transitioned from a regional community based medical center to an academic health center in 2010
- This study reviews the outcomes of use of stentless xenograft as a ortic root replacement (ARR) in a hospital as it transitioned from a community to an academic health center

### Methods

- Inclusion criteria: patients > 18 years old undergoing aortic root replacement using stentless xenograft
- Study time: 2005 to 2022
- Primary outcome: 30-day mortality
- Follow-up echocardiography including immediate postoperative, one, three, six months, and subsequent yearly intervals
- Logistic regression analysis

### Baseline characteristics of patients undergoing Freestyle aortic root replacement

Characteristics	Overall N = 326	OverallElectiveN = 326N = 194	
Patient Age (Mean ± Std Dev)	61.88 ± 12.82	63.94 ± 11.47	58.86 ± 14.09
Male (N, %)	169 (51.84%)	88 (45.36%)	81 (61.36%)
BMI	$28.91 \pm 6.03$	$29.22 \pm 6.03$	$28.46 \pm 6.02$
Diabetes Mellitus	76 (23.31%)	46 (23.71%)	30 (22.73%)
Hypertension	235 (72.09%)	144 (74.23%)	91 (68.94%)
Infective endocarditis	47 (14.42%)	9 (4.64%)	38 (28.79%)
History of mediastinal radiation	4 (1.23%)	2 (1.03%)	2 (1.52%)
Previous cardiac surgery	12 (3.68%)	6 (3.09 %)	6 (4.55%)
Previous valve surgery	57 (17.48%)	27 (13.92 %)	30 (22.73%)
Previous percutaneous coronary intervention	27 (8.28%)	20 (10.31%)	7 (5.30%)

### Baseline characteristics of patients undergoing Freestyle aortic root replacement

Characteristics	Overall N = 326	Elective N = 194	Emergent N = 132	
Previous myocardial infarction	33 (10.12%)	15 (7.73%)	18 (13.64%)	
History of heart failure within 2 weeks	85 (26.07%)	46 (23.71%)	39 (29.55%)	
Hemodynamic ejection fraction	54.10 ± 11.40	56.00 ± 10.49	$50.56 \pm 12.23$	
Aortic valve mean gradient, mm Hg	41.35 ± 19.67	41.91 ± 19.16	$39.55 \pm 21.39$	
Aortic valve area, cm2	$0.82 \pm 0.45$	$0.80 \pm 0.45$	$0.88 \pm 0.44$	
Severe aortic regurgitation	99 (30.37%)	47 (24.23%)	52 (39.39%)	
Severe mitral regurgitation	21 (6.44%)	14 (7.22%)	7 (5.30%)	
Severe tricuspid regurgitation	7 (2.15%)	4 (2.06%)	3 (2.27%)	

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### Operative characteristics of patients undergoing Freestyle aortic root replacement

Characteristics	Overall	Elective	Emergent		
	N = 326	N = 194	N = 132		
Concom	itant procedures				
CABG (planned and unplanned)	57 (17.48%)	36 (18.56%)	21 (15.91%)		
Mitral surgery	51 (15.64%)	25 (12.89%)	26 (19.70 %)		
Tricuspid surgery	7 (2.15 %)	3 (1.55%)	4 (3.03%)		
Ascending aortic replacement	168 (51.53 %)	96 (49.48%)	72 (54.55 %)		
Re-operative aortic root	8 (2.45%)	0 (0%)	8 (2.45%)		
Cabrol procedure	16 (4.91%)	6 (3.09%)	10 (7.58%)		
Commando procedure	7 (2.15%)	0 (0%)	7 (5.30%)		
Operative characteristics					
Cardiopulmonary bypass time, min	$227.88 \pm 92.85$	$202.69 \pm 86.24$	$264.90 \pm 90.07$		
Cross-clamp time, min	$169.12 \pm 64.72$	$153.89 \pm 61.71$	$191.52 \pm 62.69$		
Intra-aortic balloon pump post-surgery	2 (0.61%)	1 (0.52%)	1 (0.76%)		

## **Post-operative complications**

Characteristics	Overall $N = 326$	Elective N = 194	Emergent $N = 132$
Operative (30-d) mortality	48 (14.81%)	14 (7.22%)	34 (26.15%)
Stroke	9 (2.76%)	1 (0.52%)	8 (6.06%)
Deep sternal wound infection	3 (0.92%)	0 (0%)	3 (2.27 %)
Re-exploration for mediastinal bleeding	29 (8.90%)	9 (4.64%)	20 (15.15%)
Postoperative sepsis	4 (1.23%)	1 (0.52%)	3 (2.27%)
Pulmonary ventilation>24 h	94 (28.83%)	33 (17.01%)	61 (46.21%)
Pneumonia	16 (4.91%)	9 (4.64%)	7 (5.30%)
Renal failure requiring dialysis	34 (10.43%)	12 (6.19%)	22 (16.67%)
New-onset atrial fibrillation	115 (35.28%)	65 (33.51%)	50 (37.88%)
New pacemaker	4 (1.23%)	0 (0%)	4 (3.03%)
Blood products transfused	160 (49.08%)	71 (36.60%)	89 (67.42%)



### Mortality Rate of Root Replacement and Concomitant Procedures

Concomitant procedures	Overall		Elective Cases		Emergent Cases	
	n		n		n	
Root replacement only	62	4 (6.4%)	44	2 (4.5%)	18	2 (11.1%)
Ascending aortic replacement	92	8 (8.6%)	58	2 (3.4%)	34	6 (17.6%)
CABG	48	6 (12.5%)	32	1 (3.1%)	16	5 (31.2%)
Mitral surgery	28	3 (10.7%)	17	1 (5.8%)	11	2 (18.2%)
Tricuspid surgery	2	1 (50%)	0	0 (%)	2	1 (50%)
Ascending aortic replacement and CABG	53	12 (22.7%)	26	3 (11.5%)	27	9 (33.3%)
Mitral surgery and CABG	10	2 (20%)	4	1 (25%)	6	1 (16.7%)
"Commondo" procedure	7	2 (28.6%)	0	0 (%)	7	2 (28.6%)
"Cabrol" procedure	16	8 (50%)	6	3 (50%)	10	5 (59%)

### No significant difference in 30-day mortality before and after transition to an academic health center



	95% Confidence			
Effect	Estimate	Limits		p-value
Cardiopulmonary bypass time (CPB), min	1.03	1.02	1.04	<0.0001
Cross-clamp time (XC), min	0.98	0.96	0.99	0.0073
Re-exploration for mediastinal bleeding	4.60	1.20	17.66	0.0263
Renal failure requiring dialysis	11.43	2.38	54.77	0.0023
New-onset atrial fibrillation	0.10	0.02	0.48	0.0037
Cabrol procedure	4.91	0.93	25.92	0.0612

• CPB time, XC time, re-exploration for mediastinal bleeding, renal failure requiring dialysis, new-onset atrial fibrillation and concomitant Cabrol procedure placed a significant role in affecting the 30-day mortality

## Conclusion

- Favorable 30-day mortality rate ARR with stentless xenograft at our institution as we transitioned from a community to an academic health center
- Stentless xenografts can be used in a variety of settings both electively and emergent cases with possible long-term durability