Baseline Hemoglobin as a Predictor of Outcomes Following Hemiarch Aortic Reconstruction



No disclosures





Introduction

- Neuroprotection and surgical techniques have improved in recent years
- This has reduced the morbidity of hemiarch reconstruction
- Previous studies show anemic patients have more complications



Aim

- To describe our institutional experience with elective hemiarch aortic reconstruction
- To assess the association of preoperative lab markers with morbidity and mortality



<u>Methods</u>

- Retrospective review of prospectively-maintained institutional aortic database from February 2011-October 2023
- Identified all patients who underwent elective aortic arch reconstruction with hemiarch aortic reconstruction

<u>Results</u>



- 327 (76.6%) were male
- 39 (9.1%) had a previous aortic surgery
- Aneurysm (n=396, 92.7%) was the most common presentation

Table 1. Summary of Patient DemographicCharacteristics and Comorbidities			
	Hemiarch (N=427)		
Age (Years)			
Median [IQR]	62.0 [50.3, 69.6]		
BMI			
Median [IQR]	27.5 [24.4, 31.9]		
Gender Male	327 (76.6%)		
Diabetes	50 (11.7%)		
Dyslipidemia	163 (38.2%)		
CAD	80 (18.7%)		
Stroke	21 (4.9%)		
Pulmonary (including OSA)	96 (22.5%)		
Renal Disease	34 (8.0%)		
Smoking	103 (24.1%)		
History of aortic surgery	39 (9.1%)		





Results

- Baseline Hemoglobin 13.7 (±1.84) g/dL
- Baseline Platelets 221 (±64.0) 10⁹/L
- Baseline INR 1.11 (±0.202)

Results

- 293 (68.6%) of patients received intraoperative blood products
- Platelets (n=266, 62.3%) were the most common
- 7 (1.6%) patients died during their postoperative hospitalization







Results

Univariate Analysis for Independent Predictors of Postoperative Complication

Predictor	OR	95% CI	P-Value
Age ≥ 65	1.94	1.31-2.88	0.001
Diabetes	2.31	1.26-4.39	0.008
Pulmonary Disease	1.45	0.92 – 2.30	0.110
Chronic Kidney Disease	2.10	1.03-4.50	0.046
Coronary Artery Disease	2.06	1.26 - 3.43	0.004
Preoperative Hemoglobin	0.92	0.82 - 1.02	0.098
Baseline Platelets	1.00	1.00 - 1.00	0.644



<u>Results</u>

Multivariate Analysis for Independent Predictors of Postoperative Complication

Predictor	OR	95% CI	P-Value
Age ≥ 65	1.55	1.01 - 2.36	<u>0.043</u>
Diabetes	1.44	0.74 – 2.86	0.283
Pulmonary Disease	1.18	0.73 – 1.93	0.492
Chronic Kidney Disease	1.75	0.83 - 3.82	0.148
Coronary Artery Disease	1.66	0.97 – 2.86	0.066
Preoperative Hemoglobin	0.91	0.82 - 1.02	0.117



<u>Conclusions</u>

- Preoperative hemoglobin was not associated with postoperative complications
- This suggests that potentially optimizing intraoperative oxygen delivery reverses the risk of anemia
- These data differ from published data, potentially because of our institutional practices for optimizing DO₂

Thank You!