#### Can 3D Printed Models of Coronary Anatomy Reduce the Risk of Major Complications During Personalised External Aortic Root Support (PEARS) Surgery?

A Pilot Study

Alastair Graham MD FRCS (C-Th) Blackrock Clinic, Dublin, Ireland Harvey Graham, University of Galway Medical School, Ireland

### Personalised External Aortic Root Support (PEARS)

- Contrast enhanced CT aorta of patient
  - Computer Aided Design (CAD)
  - 3D printed former
  - Poly-Ethylene Teraphthalate woven mesh
    - Bespoke 80% to 100% actual size of aorta
- Aorta dissected to Annulus
  - Controlled hypotension
- Exovasc placed around aortic root
  - Keyholes cut for coronary ostia
  - Reconstituted with 4/0 Ethibond
  - Seam closed laterally
- Clink on link below to view a 1 minute operative video
  - https://youtu.be/zqKRaj-ETuE



## **PEARS for Aortic Root Aneurysm**

- PEARS first performed for aortic root aneurysm 24<sup>th</sup> May 2004
  - To date 843 performed worldwide plus 155 Ross-PEARS operations
- Advantages
  - shorter operation time
    - usually cardiopulmonary bypass not required
  - retention of the normal aortic valve leaflets and function
    - potentially reduced cumulative re-intervention rate
  - no prosthetic material in contact with the bloodstream
    - almost certainly reduced lifetime risk of endocarditis
- Disadvantages
  - Risk of emergency coronary intervention in 5.5%
    - Van Hoof et al. Heart 2021;107:1790



## **Study Aims and Methods**

- To document the incidence of complications related to coronary artery dissection during PEARS to the aortic root.
  - Retrospective study carried out on the first 14 patients in our PEARS programme. Major complications and long-term follow-up were recorded.
- To assess feasibility of using 3D models of aortic root and coronary artery anatomy intraoperatively to guide surgeon during dissection.
  - Prospective pilot study performed using 3D-printed models of the coronary artery anatomy used to guide dissection in the next 6 consecutive patients.

# **Study Results**

- Combined total of 20 patients in the two parts of the studies.
- Mean age was 37 years (range 17 to 62) and 4 were female.
  - Marfan syndrome (MS) in 10,
  - Loeys-Dietz in 3,
  - Autosomal dominant connective tissue disorder in 3,
  - Idiopathic in 4.
- All completed without CPB bar two who had concomitant MVRepair.
- All survived surgery and there was 1 late death at 41 months post-op in an alcoholic, cocaine addict with schizophrenia.
- No dissection or rupture occurred at median follow-up of 48 months.

#### **Results: Incidence of complications during PEARS**

- Three patients in the retrospective study had perioperative complications.
- Patient 7 with Marfan Syndrome had VF on closure of sternum, after defibrillation, the integrity of the origins of the coronary arteries was confirmed and the chest re-closed without incident.
- Patient 9 with Loeys-Dietz syndrome developed an asymptomatic but enlarging pseudoaneurysm of the right coronary artery detected on routine CT scan which was successfully repaired.
- Patient 6 with Marfan Syndrome undergoing concomitant mitral valve repair had a cardiac arrest on closure of the sternum. This did not respond to defibrillation and following emergency re-institution of CPB, CABG was performed to the circumflex artery and she remains well 52 months later.

### **Results: Patient 6 PEARS and MV Repair**

- Initial concern that circumflex artery might have been injured during mitral annuloplasty suture placement
  - Subsequent angio showed ostial occlusion so likely to be due to PEARS



Anatomy of LMS later studied using 3D printed model of coronary anatomy

# **Coronary Anatomy Modelling**

- Virtual CAD model
  - Helpful for preoperative planning
  - Click on link below
  - P03028 3D model by Axial3D (@axial3d) [67a0caf] (sketchfab.com)
- 3D printed actual size
  - Helpful for operative dissection



#### **Results: Pilot Study of Coronary Anatomy Modelling**

- In the pilot study, similar 3D models were created for 6 PEARS patients and used to guide operative dissection of coronary ostia.
- All operations were completed with no perioperative complications and feedback from surgeon confirmed the utility of the model.
- One further PEARS with 3D model guide completed since abstract submission, also uncomplicated.

### Conclusions

- PEARS is a safe and effective operation for Aortic Root Aneurysm.
  - Long term follow-up data is required
- Potential for coronary artery complications in approx 1 in 7 cases.
- This pilot study confirms the feasibility of using 3D models of coronary anatomy as a guide during PEARS surgery which may reduce coronary complication rate and warrants further study.
- As some complications such as coronary artery pseudoaneurysm may be asymptomatic, we recommend routine CT angiograms be performed with 48 hours of PEARS.