Investigation of risk factors and outcomes of aortic arch aneurysm repair in octogenarians

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Introduction & Aim

- The first choice of treatment for aortic arch aneurysm is total arch replacement, but in elderly patients, endovascular repair may be the treatment of choice due to the high risk of total arch replacement.
- The results of treatment in octogenarians were reviewed, and risk factors for each procedure were discussed.

Criteria

| Criteria | |
|--------------------|------------------------------|
| year | 2000-2021 |
| | |
| Inclusion criteria | Octogenarians |
| | True aneurysm |
| | TEVAR above Zone 2 |
| | (Fenestrated or Debranching) |
| Exclusion criteria | Dissected aneurysm |
| | Emergent cases(rupture etc.) |
| | TEVAR below Zone 3 |
| | |

Methods

- Total arch replacement vs Endovascular repair
- Variables:

Early results Mid-term results Risk factors of all-cause death

Our treatment Policy:

First choice ⇒ total arch replacement High risk due to comorbidities and ADL(Frailty) ⇒ Endovascular repair

Patient characteristics

| | Overall(N=63) | TAR(N=26) | TEVAR(N=37) | P-value |
|--|---------------|---------------------|-----------------------------|---------|
| Age | 82[81-84] | 82[81-84] | 82[81-83] | 0.929 |
| Male | 47(75) | 20(77) | 20(77) 27(73) | |
| Aneurysm size | 63[59-71] | 65[60-72] 62[57-71] | | 0.708 |
| Ischemic heart disease | 15(24) | 7(27) 8(22) | | 0.628 |
| Neurologic dysfunction | 8(13) | 2(8) | 6(16) | 0.304 |
| COPD | 13(21) | 4(15) | 9(24) | 0.382 |
| Malignancy | 17(27) | 3(12) | 14(38) | 0.016 |
| Previous Cardiac & thoracic aortic surgery | 4(6) | 2(8) | 2(5) | 0.716 |
| | CFS | TAR TEVAR | | |
| | 2 | 10% 0% | | |
| | 3 | 55% 27% | | |
| | 4 | 30% 59% | P=0.049 | |
| | 5 | 5% 14% | CFS; Clinical Frailty Scale | |

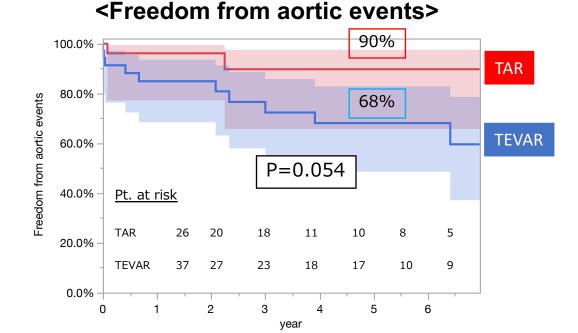
Early results

| | Overall N=63 | TAR N-26 | TEVAR N=37 | P-value |
|----------------------|-----------------|-------------|---------------|---------|
| 30day mortality | 2 (3.2) | 0 (0) | 2 (5.4) | 0.140 |
| Hospital death | 5 (7.9) | 2 (7.7) | 3 (8.1) | 0.952 |
| Stroke | 4 (6.3) | 2 (7.7) | 2 (5.4) | 0.716 |
| Spinal cord ischemia | 2 (3.2) | 0 (0) | 2 (5.4) | 0.140 |

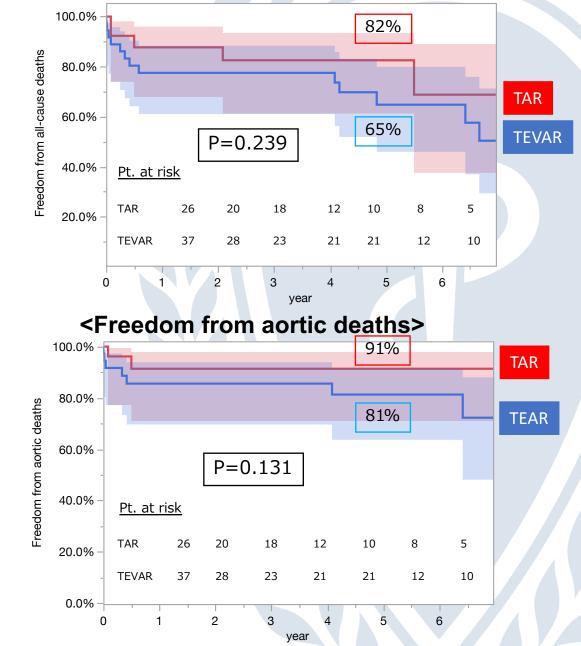
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Mid-term results

 No significant differences were found for all-cause mortality, aorta-related mortality, and aortic events.



<Freedom from all-cause deaths>



Risk factors for all-cause mortality by each procedures

| Group | Covariate | HR | 95% CI | P-value |
|-------|---|-------|-----------|---------|
| TAR | Male | 1.59 | 0.26-9.57 | 0.613 |
| | Ischemic heart disease | 16.28 | 1.19-221 | 0.036 |
| | Malignancy | 1.61 | 0.11-22.8 | 0.723 |
| | COPD | 2.31 | 0.08-65.0 | 0.622 |
| | Previous Cardiac & thoracic aortic surgery | 2.23 | 0.10-47.7 | 0.608 |
| TEVAR | Ischemic heart disease | 2.13 | 0.08-51.5 | 0.640 |
| | Postoperative SCI | 61.1 | 0.37-1017 | 0.115 |
| | Previous intervention on AAA | 320.3 | 1.00-1021 | 0.05 |
| | COPD | 23.6 | 0.24-2284 | 0.175 |

Conclusion

- The choice of procedure was reasonable considering the frailty of our patients.
- In the TAR group, history of ischemic heart disease was a significant risk factor for all-cause death.
- In patients with a history of ischemic heart disease, endovascular repair should be selected even if frailty is not high.