## Operative Urgency in Total Arch Replacement: Urgent Patients Benefit from Pre-Operative Optimization

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## No disclosures





#### Introduction

- Despite advances in technique, total arch replacement still carries high risk of morbidity and mortality
- Emergent total arch patients fare worse compared to elective patients, but unclear how urgent patients fare
  - Can undergo some degree of pre-operative optimization, but still have acute pathology
- We hypothesized urgent patients would have similar outcomes to emergent patients given acuity of presentation





#### Investigate outcomes in total arch replacement between elective, urgent and emergent patients



### <u>Methods</u>

- A retrospective review of a single institution aortic database from 2011-2023 for patients who underwent total arch replacement
- Stratify patients into three cohorts: Elective, Urgent, Emergent
  - Perform between groups comparisons of pre-operative and operative variables, post-operative outcomes
  - Perform adjusted cox proportional hazard analysis for 30-day mortality by procedural urgency



### **Results: Preoperative**

- In total, 243 patients identified
- Higher incidence of coronary artery disease in nonemergent cohorts, otherwise no differences seen in pre-operative variables

	Elective	Urgent	Emergent	p value
Ν	120	56	67	
Age	59.7 (49.1-68.5)	64.4 (59.1-70.4)	58.2 (50.3-63.4)	0.323
Male	78 (65.0%)	35 (62.5%)	45 (67.2%)	0.865
Body Mass Index (BMI)	27.4 (24.2-31.0)	27.4 (24.7-30.1)	28.1 (23.5-33.2)	0.784
Hyperlipidemia	39 (32.5%)	27 (40.3%)	18 (26.9%)	0.722
Hypertension	94 (78.3%)	43 (76.8%)	53 (79.1%)	0.958
Current Smoker	27 (22.5%)	21 (37.5%)	16 (23.9%)	0.102
Diabetes Mellitus	8 (6.7%)	6 (10.7%)	3 (4.5%)	0.388
Chronic Kidney Disease	15 (12.5%)	7 (12.5%)	7 (10.4%)	0.933
Prior Stroke	15 (12.5%)	8 (14.3%)	6 (9.0%)	0.661
Coronary Artery Disease	22 (18.3%)	7 (12.5%)	2 (3.0%)	0.011
Peripheral Vascular Disease	10 (8.3%)	3 (5.4%)	4 (6.0%)	0.847
Pulmonary Disease	29 (24.2%)	17 (30.4%)	16 (23.9%)	0.667



## **Results: Intraoperative**

- Emergent patients:
  - Increased cardiopulmonary bypass, cross-clamp times
  - Lower nadir bladder temperature, but in range of moderate hypothermia
  - Increased RBC and coagulation product (FFP and platelet)
- No differences seen in circulatory arrest time
- <u>No differences seen between</u> <u>urgent patients relative to</u> <u>elective</u>





### **Results: Postoperative**

- Emergent patients:
  - Increased length of stay, ICU length of stay
  - More stroke, hemodialysis, prolonged ventilation, mortality
- Trend towards higher stroke in urgent patients, but non-significant (p=0.09)
- No significant differences seen between urgent patients relative to elective
  - Longer length of stay reflective of preoperative optimization

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	Elective	Urgent	Emergent	value
Ν	120	56	67	
Length of Stay	10 (7-15)	14 (11-18)	13 (9-23)	0.003
ICU Length of Stay	4 (3-6)	5 (4-8)	7 (4-13)	0.001
Open Chest	14 (11.7%)	9 (16.1%)	15 (22.4%)	0.148
Stroke	11 (9.2%)	11 (19.6%)	27 (40.3%)	<0.001
New RRT	8 (6.7%)	2 (3.5%)	18 (26.9%)	<0.001
Prolonged Ventilation (>48				
hr)	17 (14.2%)	8 (14.3%)	20 (29.9%)	0.025
Infection	13 (10.8%)	9 (16.1%)	15 (22.4%)	0.106
Mechanical Circulatory				
Support	5 (4.2%)	4 (7.1%)	8 (11.9%)	0.134
Mortality	11 (9.2%)	6 (10.7%)	20 (28.4%)	0.001



#### <u>Results</u>

 Adjusted Cox proportional hazard model demonstrated reduced 30-day survival for emergent group (p=0.010)





#### <u>Conclusions</u>

- Emergent patients have longer operative times and require more product, at high risk for adverse postoperative outcomes
- Urgent patients fare similarly to elective patients
- Urgent patients appear to benefit from pre-operative optimization when clinically feasible

# Questions???