Outcomes after concomitant aorta replacement with rapid deployment aortic valve replacement in aortic dilation (4.0-4.5cm)

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Introduction

 The optimal diameter at which concomitant aorta replacement should be done in aortic dilation is not yet known.

The purpose of this study was to evaluate the surgical outcomes of concomitant aorta replacement with rapid deployment aortic valve replacement (RDAVR) in borderline aortic dilation.



Methods

From September 2016 to June
2023

 RDAVR with concomitant ascending aorta replacement due to aorta dilation (4.0-4.5cm; N=124)

Median follow up duration: 27.8 ± 21.9 mo

RDAVR from Sep 2016 to June 2023 (n = 344)

- Exclusion criteria (n = 21)
- Aorta reductionplasty

RDAVR with concomitant ascending aorta replacement (n = 323)



RDAVR with concomitant ascending aorta replacement due to aorta dilation (n = 124)

Methods

Early outcomes including operative mortality and postoperative complication

Cox proportional hazards analysis (Multivariate)

- Primary outcome
 - Overall Survival
 - Aortic reintervention

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Results

Variables	N=124
Age (y)	66.7 ±8.2
Male (%)	72 (58.1%)
Overweight	47 (37.9%)
DM	28 (22.6%)
HTN	68 (54.8%)
Hx of stroke	8 (6.5%)
CAD	17 (13.7%)
CKD	13 (10.5%)
Afib	12 (9.7%)
COPD	9 (7.3%)
Dyslipidemia	68 (54.8%)
Ascending aorta (mm)	43.1 ± 4.0
Euroscore	3.3 ± 3.7
Reoperation	4 (3.2%)

Variables	
RD Valve Size	
19mm	11 (8.9%)
21mm	38 (30.6%)
23mm	41 (33.1%)
25mm	19 (15.3%)
27mm	15 (12.1%)
Bicuspid AV	85 (68.5%)
CPB time (min)	175± 44
ACC time (min)	126 ± 34
Selective cerebral perfusion (min)	13.3 ±6.5

Results

Variables	
Op. mortality	0 (0.0%)
Complications	
new onset AF	51 (41.1%)
LCOS	4 (3.2%)
Respiratory	11 (8.9%)
AKI	3 (2.4%)
Bleeding reop	4 (3.2%)
Stroke	5 (4.0%)
Mediastinitis	0 (0.0%)
IE	0 (0.0%)



Results

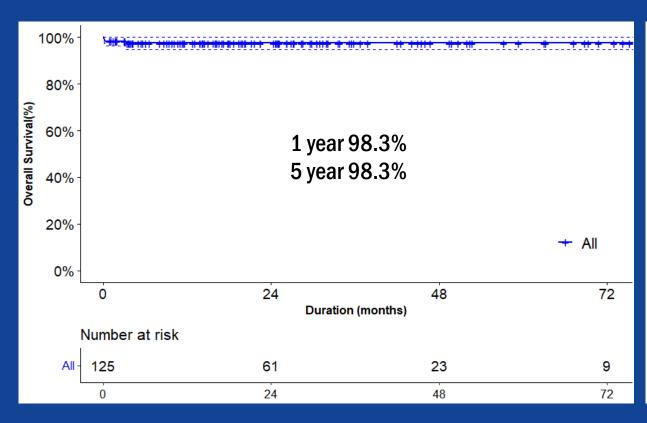
Risk Factors Analysis for all cause mortality

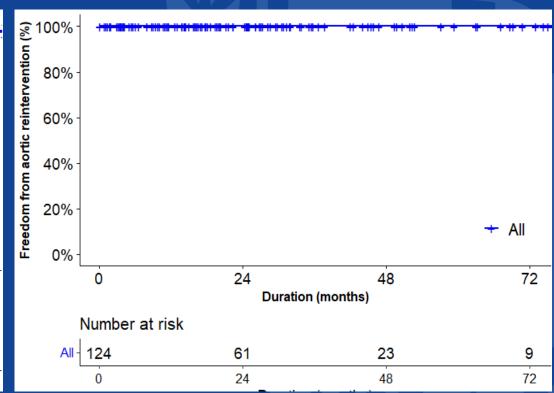
Variables	HR	95% CI	Р
COPD	24.020	2.177-265.000	0.009
EuroScore	1.154	1.067-1.247	<0.001

Results

Kaplan-meier curve for overall survival & aortic re-intervention

There were no aortic re-intervention during follow up.







Conclusion

- Concomitant replacement of ascending aorta with RDAVR is a safe option in aorta dilation.
- Further studies to compare RDAVR vs RDAVR+ascending aorta replacement are required to validate the efficacy and safety of concomitant ascending aorta replacement in aortic dilation.